



p4-5 Health and Well-Being



p14-15 Christmas Day Festivities

Editor's NOTE

Dear Readers,

This winter, we celebrated some truly remarkable milestones across our care homes, honouring our residents' extraordinary lives. From Vera's 101st birthday at The Lakes to Mabel's 101st celebration at Hillcrest House, we marked these special moments with family visits, festive parties, and unforgettable memories. Additionally, Annie and Jerry at Grenville Court celebrated 50 years of marriage, bringing warmth and joy to all who joined in the celebration.

Health and well-being remained a priority with exciting activities to keep our residents engaged and active. Music therapy was another highlight of the season, with performances at Waterside, Amberley House, and Freeland House filling our homes with beautiful melodies. Animal therapy also brought joy to many, from festive goats at Freeland House to animal visits at Grenville Court and Wealstone, offering moments of joy and comfort for all.

Our Advent Calendar of activities brought joy to each day, with Christmas card making, festive wreath crafting, and Christmas jumper celebrations which added to the magic of the season.

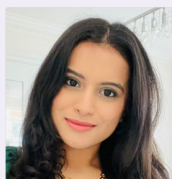
As we reflect on the season, we are grateful for the precious memories made and the connections shared among residents, staff, and families.

Wishing you all a wonderful new year!!

Warm wishes,

Rahi Joshi

Marketing Associate
Minster Care Group



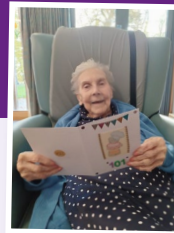
CELEBRATING MILESTONES



This winter, we celebrated some truly extraordinary milestones, honouring our residents' rich lives and cherished memories.

Here's to a century of wonderful memories

At **The Lakes**, Vera celebrated her



incredible 101st birthday with heartfelt family visits. Her joy lit up the room as everyone sang "Happy Birthday" and she enjoyed not one but two delightful cakes.

At **Parklands**, Gladys marked her 100th birthday surrounded by loved ones, staff, and entertainer Shaun Sloan. A visit from Poynton Town Mayor Hayley made the celebration extra special, creating a truly memorable day.



Ingersley Court celebrated gorgeous Doris turning 100. Staff and residents came together to make it



unforgettable, with plenty of cards, presents, and flowers adding to the festive atmosphere. Doris received a surprise party with her lovely family and a very special visit from the Mayor of Bollington.

At **Cheaney Court**, Basil turned 100 years young, and his vibrant spirit shone brightly.



We had the honour of celebrating a truly special milestone—Mabel's 101st birthday at **Hillcrest House**.



Grenville Court team and residents had the joy of celebrating a huge milestone—Annie and Jerry's 50th Wedding Anniversary.



Wishing you many more happy years together



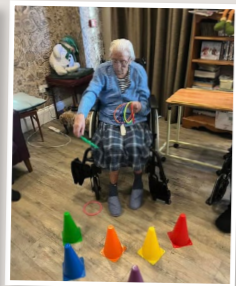
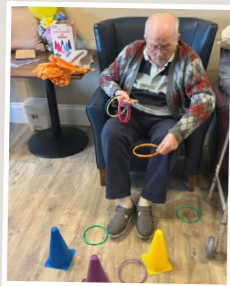
SPECIAL ACTIVITIES ACROSS OUR HOMES

KEEPING ACTIVE

Astbury Lodge



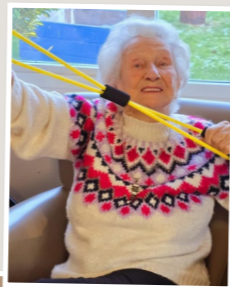
Duncote Hall and The Lakes residents had a friendly competition enjoying various games, including hoopla, bean bag throwing, and balloon tennis.



On the occasion of National Self-Care Day, the residents at **Hourigan House** participated in chair workouts and gentle yoga movements.



Grenville Court residents had fun in the sit-down session with Shauna. This activity keeps our residents active, engaged and full of smiles.



MUSIC THERAPY

Residents at **Waterside** were treated to a delightful visit from an orchestra, filling the home with beautiful melodies. At **Amberley House**, live entertainment brought energy and fun to the day, while **Freeland House** welcomed The Great Piano Man, who dazzled with his musical talent.



Waterside



Amberley House



Freeland House



GAMES SESSION

At **Duncote Hall**, residents enjoy a fun session of hoopla, bean bag and balloon tennis.



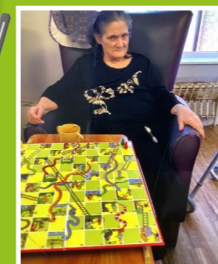
An innovative Hockey Match at **Turnpike Court**.



Wealstone Care Home held a friendly bowling competition.



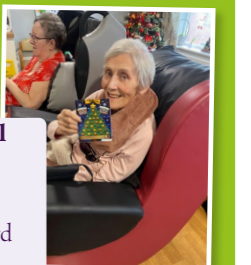
One-to-one sessions with engaging board games and reminiscing sessions at **Abbeywell Court**.



A Game of 'play your cards right' at **Turnpike Court**.



Wordsley Hall had a fun filled day with a visit from a magician, and residents also had a fun afternoon balloon making.



The festive spirit at **Redhill** was alive, residents enjoyed Christmas-themed bingo, quizzes, and a range of board and card games.

MODERN SENSORY ROOM AT CHESTNUT LODGE

Chestnut Lodge opened its sensory room for our residents with dementia. The ribbon-cutting ceremony was performed by our lovely resident, Mrs Molly, who's beaming smile set the tone for this truly special day. The modern sensory room is designed to enhance relaxation and mood for our residents. It features aromatherapy for calming scents, a projector with soothing sounds of nature, waterfalls, and lighting effects for comfort and relief. This room is more than just a space—it's a therapeutic haven where our residents can unwind and feel at ease.



A GARDEN OF TRANQUILLITY

Residents at **Garswood House** recently came together for a heartwarming garden project. They painted stones with vibrant colours. The centrepiece of the garden is a charming wishing well with a fountain, surrounded by goldfish that the residents enjoy feeding.



JEWELLERY MAKING

At **Emmanuel House and Abbeywell Court**, ladies got crafty, designing accessories during a jewellery-making session, then had fun trying on their creations.

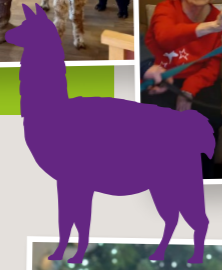


ANIMAL THERAPY

Gleavewood had the pleasure of welcoming three adorable alpacas—Toffee, Vanilla, and Curley—from Higher Farm Byley. Our residents had a fantastic time giving them carrots and enjoying their gentle company.



Residents at **Freeland House** had an adorable visit from festive ponies dressed in cosy jumpers.



Grenville Court got a visit from feathered friends, meeting these majestic birds was such a special experience for everyone.



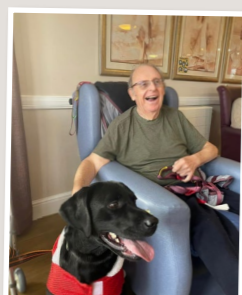
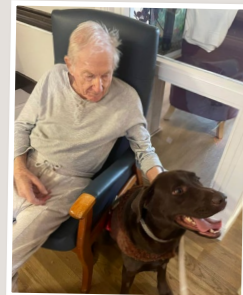
A fluffy visitor brought smiles to the residents at **Wealstone**, there is nothing quite like a cuddly companion to spread joy and warmth.



Residents at **Grenville Court** were treated to an animal visit, these visits always bring comfort, smiles, and a sense of calm to our home.



The Laurels got a visit from Zoo Lab with a mixture of animals from fluffy bunny rabbits to stick insects and snakes – there was something new for all the residents.



Eric and Wally made a festive visit to the **Waterside** residents.



DAY'S OUT



The residents of **Emmanuel House** had an adventurous day at the Deep Aquarium in Hull, where they marvelled at the wonders of marine life.

The residents from **Martin House** enjoyed lunch at the local Harvester.



Wealstone residents had a lovely trip to see the Christmas festival at the Cathedral.



Redhill Care Centre enjoyed a fabulous day out at the local Nunnery Christmas Party.

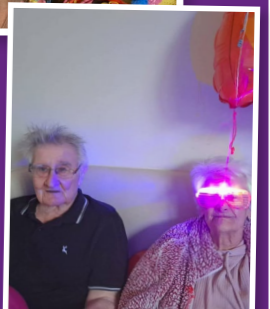
WORDSLEY HALL RAISES £1000 FOR DISABLED RELATIVE

Staff at **Wordsley Hall** helped to raise £1000 for one of our staff members' grandson's Ollie. Ollie needed some new wheels so he could enjoy days out with his family. Staff raised the money doing raffles but were also supported by Head Office who also donated.



MOWBRAY'S RAVE PARTY

The team at **Mowbray** hosted an unforgettable festive celebration – a Rave Party. Residents enjoyed lively music and snacks, dressed in colourful attire that lit up the room.



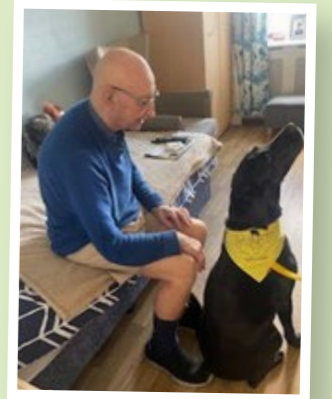
EVENTS AND CELEBRATIONS FROM THIS SEASON

FUNFAIR AT HOLCROFT GRANGE

Residents at **Holcroft Grange** enjoyed a delightful day at the funfair, complete with all the charm of old-style games and classic fairground treats.



CELEBRATION DAYS AT WESTY HALL



Residents enjoyed spending time with Myles, receiving plenty of cuddles and smiles on the occasion of World Animal Day



The Home, marked World Apple Day with a fun and delicious activity—creating their apple-based smoothies



Gratitude

Also, for Mental Health Day, residents created a gratitude board in the foyer where residents, staff, and families could reflect on what they are grateful for. It was heartwarming to stop by and read the positive thoughts shared by all.

SPOOKY HALLOWEEN

Residents at Minster homes enjoyed a spooky Halloween party

Elm House

Cheaney Court

Waterside

At **Hourigan House**, residents embraced the Halloween spirit by decorating spooky cakes and spooky scratch masks.

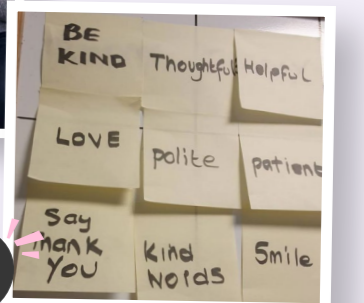
INTERNATIONAL DAY OF PEOPLE WITH DISABILITIES

To mark International Day of People with Disabilities, our residents at **Crossways** enjoyed a fun and light-hearted challenge: making a jam sandwich with just one hand. What a fun idea to understand different perspectives.



WORLD KINDNESS DAY

Residents at **Ingersley Court** spread kindness by writing down positive and kind words. A big teddy bear added warmth to the day.



Be Kind

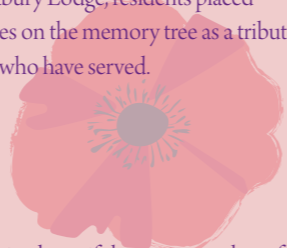


Remembrance Day

To commemorate Remembrance Day, residents at Grenville Court enjoyed 40s- and 50s-time music and savoured a delicious buffet.



At Astbury Lodge, residents placed poppies on the memory tree as a tribute to those who have served.



Residents at **Turnpike Court, Waterside, Ingersley Court, and Freeland House** got creative, making beautiful poppies as a heartfelt tribute to the brave men and women of the British Armed Forces.

Ingersley Court



Turnpike Court



Waterside



Freeland House



Abbeywell Court

INTERNATIONAL MEN'S DAY

Cheaney Court and Waterside celebrated men's positive value to the world as well as to their loved ones.



Cheaney Court



Waterside

GUY FAWKES NIGHT

In celebration of Bonfire Night, our residents at **Elm House and Waterside** made their very own life size Guy Fawkes.



CREATIVE FUN ON NATIONAL PASTA AND FOSSIL DAY

To celebrate National Pasta Day and National Fossil Day, **Cheaney Court** residents enjoyed a unique and creative activity that combined- Using pasta, they crafted fossil-inspired pictures.



Crossways residents made pasta flowers.



CELEBRATING THE COUNTDOWN TO CHRISTMAS

ADVENT CALENDAR RECAP

This year, we embraced the festive spirit with our Advent Calendar theme, making the countdown to Christmas extra special. Every day offered a new activity to celebrate the festivities, from crafting festive decorations and singing carols to indulging in seasonal treats and sharing cherished memories. Here is a quick recap of a few of the activities.

LETTERS TO SANTA



At **Waterside**, residents shared their Christmas wishes and reminisced about holiday traditions hoping Santa would bring everything on the lists.



XMAS ARTS AND CRAFTS



At **Cheaney Court**, residents decorated a corner with 3D reindeer art.



Residents at **Karam Court** spent some quality time doing decorative Xmas craftings



At **Amberley House**, residents decorated the home with Christmas decorations made with clay and paper Christmas trees.



The Lodge team and residents made handmade home décor and Christmas manger.



Astbury Lodge residents got into the festive spirit by making adorable snowman frames and decorating some Christmas biscuits



Over the past month, **Waterside's** talented residents have been busy crafting a stunning 6-foot nutcracker for the Christmas corner.



FESTIVE BAKING

From colourful icing to sprinkles galore, our residents embraced the festive spirit by decorating beautiful gingerbread houses this Christmas.



Ashgrove



Littleport Grange were asked again by a local Primary School to judge their Christmas competition of gingerbread men designs by the children.



Our wonderful kitchen team at **Littleport Grange** baked some festive shaped biscuits for the residents to decorate, alongside a try bake that got a very chocolaty Christmas design. These were enjoyed by many on the afternoon tea round.



Waterside



Mowbray



The Lakes culinary kitchen team has been hard at work creating daily Christmas snacks for our residents to enjoy the festivities.



CAROLING



Residents at **Turnpike Court** welcomed students from the local High School for a joyous carols and musical instruments activity.



Grenville Court was filled with the joyous sounds of Christmas as the local school children sang a heartwarming choir performance. Their beautiful carols brought smiles to our residents' faces and truly captured the spirit of the season.



Woodlands Court got the whole community involved in the run up to Christmas and to spread cheer. Local school children singing carols, shopping trips and at home entertainment filled the home with festive cheer.



Martin House enjoyed a visit from the local school children, which was fantastic and thoroughly enjoyed by all



CHRISTMAS JUMPER DAY

Residents at our care homes had a blast celebrating Christmas Jumper Day. From sparkling reindeer to colourful Christmas trees, our residents and staff were all decked out in the most festive jumpers.



New Milton House



The Lakes



Holcroft Grange




CHRISTMAS GAMES



The **Littleport Grange** Staff Christmas party winning Quiz team – they wouldn't have won without the help of one of our residents.



Littleport Grange held a "Guess My Name" competition. The winner was the lovely Jean with Blitzen the reindeer.

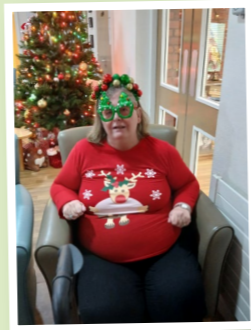



Turnpike Court held a Festive charity bingo night enjoyed by residents and friends and family. They also held a Christmas Raffle and celebrated Christmas Jumper day. Together, they raised £256. Fantastic!



CHRISTMAS PYJAMA DAY

Staff and Residents celebrated Christmas Pyjama Day with a style at **Holcroft Grange**



CHRISTMAS CARD MAKING

Across our care homes, residents have been pouring their hearts into creating beautiful Christmas cards for their loved ones.

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Abbeywell Court



Ashgrove



At **The Lakes**, the day started with making Christmas cards, followed by lunch, games of bingo, mindful colouring, and reminiscing with replica WWII newspapers.



FESTIVE WREATHS MADE WITH LOVE

Duncote Hall residents created these stunning wreaths for their bedroom doors.



A FRIENDSHIP TO CHERISH

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Meet Pat, who recently turned 101, and Cynthia, who will celebrate her 100th birthday this January. These two remarkable ladies at **Amberley House** have found a special friendship at our care home, sharing stories, laughter, and reminiscing about the good old days. Captured here by the Christmas tree, their bond is a beautiful reminder of the joy and connection that can be found at any age.



ELF ON THE SHELF

Our resident little elf, Elfie, has been spreading Christmas cheer all around **Emmanuel House**. Lending a helping hand with daily chores and a little mischief.



Santa Claus, along with his cheerful team of Elves, surprised the residents of **Holcroft Grange** with a magical visit



DECKING THE HALLS WITH JOY – CHRISTMAS TREE DECORATIONS

Our residents had a wonderful time coming together to decorate the Christmas trees, sparking memories of Christmases past and bringing everyone closer.



Hamshaw Court



Hillcrest House



New Milton House



Abbeywell Court



Wordsley Hall invited The Grinch into the home for Christmas celebrations. We can report he did not steal Christmas!



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Christmas Day Festivities

Our residents experienced the joy and warmth of Christmas with festive parties that were nothing short of magical. Wonderful entertainers brought the spirit of the season alive with classic Christmas songs, and residents also enjoyed an array of delicious delicacies, making the celebrations even more special.



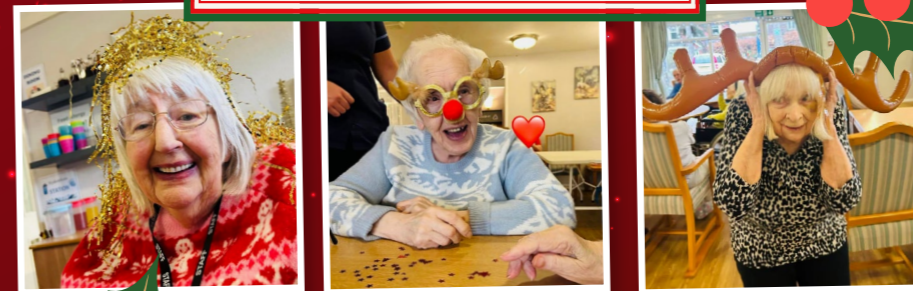
Littleport Grange



Garswood House



New Milton House



Parklands



Waterside



Ashgrove



The Laurels



Amberley House



Holcroft Grange



Turnpike Court



Hourigan House



Abbeywell Court



Freeland House



Sovereign House

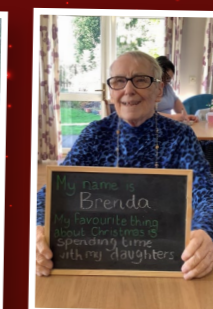


Karam Court



Craigend Gardens

Christmas was a success at **Craigend Gardens**. Steven, our Home Manager, had the pleasure of joining the team on Christmas day. It was a joy to see such warmth from staff and families.

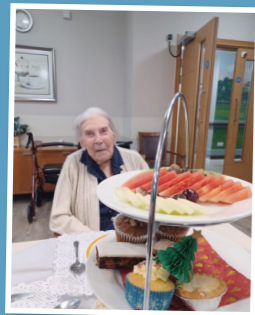


Abbeywell Court residents took a trip down memory lane, reminiscing about Christmases past.

Winter Wonderland Events

WINTER WARMERS

The delightful festive afternoon tea was held at **The Lakes**. Residents enjoyed a selection of treats and a warm cup of tea.



Residents and staff at **Carnbroe Care Centre** had a wonderful evening enjoying a takeaway night in memory of the late resident Elizabeth Fulton. Everyone thoroughly enjoyed their Chinese and Chippy Tea, and it was a lovely way to come together and celebrate the festive season while honouring Elizabeth's memory.

HOT CHOCOLATE

Residents at **Carnbroe Care Centre and Grays Court** indulged in the warm hot chocolate topping it with marshmallows, whipped cream and sprinkles while enjoying Christmas tunes.



Carnbroe Care Centre



Grays Court

EGGNOG TASTING SOCIAL

What's Christmas without a festive drink? Residents at **Grenville Court** gathered for a delightful Eggnog Tasting Social, and it was a hit. The creamy, spiced drink brought plenty of smiles to our residents.



PANTOMIME PERFORMANCE

Waterside team gave the residents an unforgettable performance of The Wizard of Oz. They loved every minute "over the rainbow" and beyond.



PANTOMIME PERFORMANCE

At **Turnpike Court** residents enjoyed a delightful performance of "Annie".

Our residents were treated to a performance of Goldilocks and the Three Bears by the talented GeezaBreak group at **Carnbroe Care Centre**.



BOXING DAY

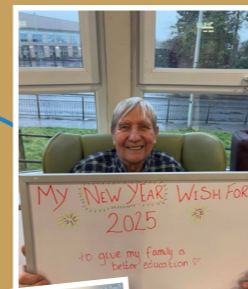
A lovely boxing day lunch to continue the festivities at **Turnpike Court**.



This Year and Looking Forward to More Memories

STEPPING IN 2025 - NEW YEAR RESOLUTIONS

The residents at **Carnbroe Care Centre** shared their new year wishes.



2025

NEW YEAR'S EVE PARTIES



Holcroft Grange



Wordsley Hall

SPECIAL THANKS

To all at Leicester House.

Just to say a huge thank you
for looking after Irene so well, with
kindness & humour & making her feel
safe & cared for.

She loved her new room & the care
& companionship she had in her
last months & weeks of life with you
made such a difference.

With kindest regards

Ruby Bailey
(Irene's niece).

LEYCESTER HOUSE, THANK YOU NOTE



NEW MILTON HOUSE, THANK YOU NOTE



A Heartfelt "Thank You" to all the Staff at New Milton House

From Richard Robinson's family.

We sincerely thank you all for the wonderful care and compassion shown to Richard over the last year. He has spent the year being confident and happy knowing that he is safe and of course enjoying the lovely nutritious food that he is given each day.

While we understand and appreciate that Ricard's reduced mobility has limited his involvement with the outside activities he is still enjoying life with you and we thank you for all the care you take to give the residents such stimulating experiences, we have enjoyed coming in and sharing in your special seasonal gatherings for Valentines Day, Halloween etc. The effort you put in to create the magic is great.

We would particularly like to thank you for your response to Richard's worry about where his room was, that by moving him downstairs he is really blossomed, sleeping better and being more in contact on an hour to hour basis with all the other residents and staff is seeing him stimulated and content with his life.

So thank you everyone and a

VERY HAPPY CHRISTMAS TO YOU ALL

The Robinson/Rhead family

