



MINSTER

life



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Editor's NOTE

Dear Residents, Families, and Friends,

As we embrace the chilly winds of winter, we reflect upon a year filled with heartwarming moments and remarkable achievements. Our care homes have been vibrant hubs of joy and beautiful memories to make our residents' lives fulfilling. Let's take a stroll through the highlights of the past months.

Throughout the year, our Minster family has embarked on numerous endeavors that have not only brought us closer but have also enriched the lives of our residents. From celebrating birthdays, anniversaries, and special milestones to embracing unique and heartwarming activities.

The array of activities and experiences within our homes includes a dynamic blend of fun, fitness, and creativity that defines our community. From fitness classes and lively games to heartwarming therapy animal visits and celebrations, each activity contributes to the well-being and happiness of our residents.

It has been fantastic to see homes participating in challenges – both raising awareness for charities and raising money to support resident funds. As we step into 2024, we strive to create moments to strengthen the bonds within our Minster family. Here's to a year filled with joy, laughter, and shared experiences.

Warm Regards,



Rahi Joshi

Marketing Associate
Amicura Care Group

Special Recognition from Last Year

TEAM ROSEWAY'S DOUBLE WIN AT GREAT BRITISH CARE AWARDS 2023

Caattie, our dedicated Activities Coordinator at **Carnbroe Care Centre**, has been honored with the 'Care Home Activity Organiser Award' at the regional ceremony of the Great British Care Awards 2023. This achievement is a testament to Caattie and Team Carnbroe's exceptional efforts and the positive impact they have on the overall well-being of our residents.



Littleport Grange has been recognized as a runner-up for the prestigious 'Care Team of the Year' award at the Caring UK Awards 2023. We are immensely proud of our care team for their commitment to providing exceptional care and support to our residents.



An Array of Activities and Experiences

CELEBRATING A CENTURY OF LOVE AND LAUGHTER

Our lovely resident Majorie at **Falcon House** joyously marked her 103rd birthday, she got a special visit from the Mayor of Broxtowe. Marjorie shared her delightful secret to a long life—enjoying a Jaffa cake every day.

Beatrice at **New Milton House** celebrated her 102nd birthday with a wonderful cake.

Rose at **Ashgrove** and Peggy at **Golborne House** enjoyed parties for their 100th birthdays surrounded by her cherished family and friends, together with a letter from the King!

Happy Birthday to all our centenarians – such a wealth of life!



Rose



Majorie



Majorie



Peggy



Beatrice

CELEBRATING 60 GLORIOUS YEARS OF LOVE

At **Lakelands**, our lovely resident Eileen celebrated her diamond anniversary with her husband Alec. The team made their day special with a buffet, drinks and a live entertainer celebrating with everyone. We had the pleasure of asking Alec for the secret to their incredible 60-year journey, and he shared this timeless advice: "Never go to bed in a row and always say 'I love you.'"



RECYCLE WEEK 2023

At **Elm Lodge**, to raise awareness for this cause, the residents actively participated in repurposing used items for Halloween decorations.



THE DYNAMIC BLEND OF FUN AND FITNESS

In a burst of energy and enthusiasm, Minster homes promote physical workouts to keep the residents healthy and fit.

Fitness Class at Lakelands



Clubbercise at Carnbroe Care Centre

Keeping Fit Class at Astbury Lodge

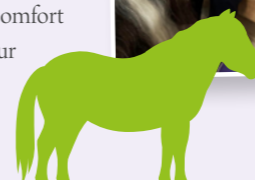


Gfitness at Grenville Court

CUDDLES, PATS, TREATS AND REPEAT

PONY THERAPY

Adorable ponies visit **Freeland House** and **Amberley House**, their presence brought comfort and happiness to our residents.



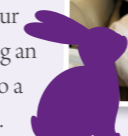
DOG THERAPY

The cute therapy dogs spread joy and wagging their tails as they visited the residents across **Abbeywell Court**, **Cheaney Court** and **Holcroft Grange**.



BUNNY BLISS AT CRAIGEND GARDENS

The little bunnies brought joy to our residents, turning an ordinary day into a special memory.



EXOTIC ANIMAL ENCOUNTERS AT GRENVILLE COURT

Exotic Animal Encounters at **Grenville Court**



ALPACA VISIT TO EMMANUEL HOUSE.

Millie and Bella, the Alpacas from Ings Park paid our residents a visit to **Emmanuel House**. It was a unique experience, as everyone learnt more about Alpacas, fed, and took them for a little stroll around the home.



FUN AND GAMES GALORE ACROSS OUR HOMES



Pool Fun Unleashed at Carnbroe



Bingo at Astbury Lodge



National Word Search Day at The Lakes



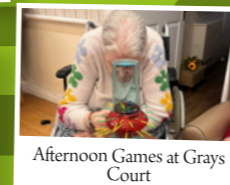
Snakes and Ladders Fun at Hourigan House



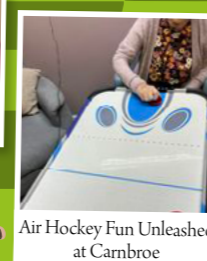
National Word Search Day at The Lakes



Darts Showdown - Freeland's



Afternoon Games at Grays Court



Air Hockey Fun Unleashed at Carnbroe



Intense Game of Jenga at Cheaney Court



Bingo bongo - Freeland's



Afternoon Games at Grays Court



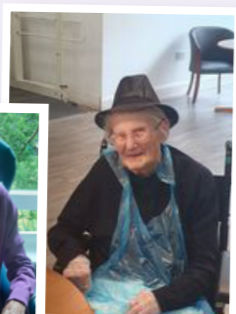
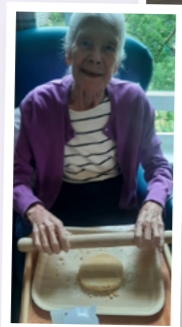
Enjoying the Green Goodness In Veganuary

Residents at **Duncote Hall** and **New Milton House** explored delicious plant-based recipes, discovering the world of plant-based dishes.



BAKING DELIGHTS

Our residents at **Amberley House** baked love heart shortbread, adding an extra touch of love to their afternoon tea. At **Freeland House**, the residents transformed the kitchen into a pizza station, they showcased their culinary talents baking yummy pizzas of their taste.



LADIES AFTERNOON AND MEN'S CLUB AT CRAIGEND GARDENS

The ladies and gents of **Craigend Gardens** spend quality time every week with the ladies bonding over wine and biscuits, while gents' bond over games enjoying refreshing drinks and snacks on the side, feeling relaxed.



ALL IN FOR THE LIVE WELL LIFE

AT-HOME SPA DAY

The lovely ladies at **Emmanuel House** enjoyed a rejuvenating at-home spa day that left them looking and feeling relaxed.



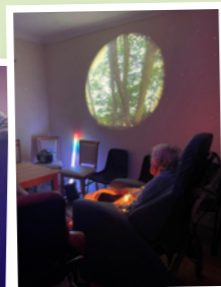
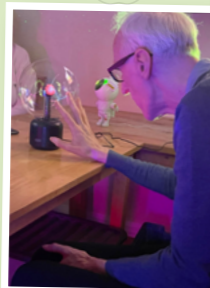
WELL-BEING WEDNESDAYS AT HOURIGAN HOUSE

Every Wednesday at 11 am, all hands were on deck at **Hourigan House** as our dedicated staff took a break to share a brew, engage in friendly chats, and create meaningful moments with our wonderful residents.



SENSORY THERAPY

Enjoying the lights and tranquil music, the residents had a perfect relaxing session in the sensory lounge at **Cheaney Court**.



KNIT AND NATTER

Glenwood



Ingersley



Spooktacular: Halloween Fun

HALLOWEEN PARTIES ACROSS THE HOMES

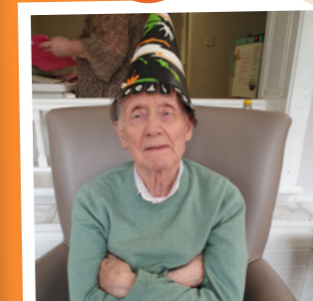
Residents, staff, and families came together to celebrate the spooky season with Halloween parties. Here's a glimpse into the fun festivities that captured our care homes:



Astbury Lodge



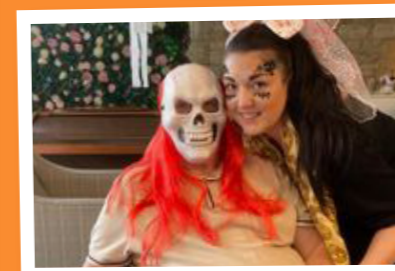
Craigend Gardens



Ingersley Court



Elm Lodge



Freeland House



Karam Court

ARTISTIC GHOST DECORATIONS

At **Holcroft Grange** and **Karam Court**, residents showcased their artistic flair by designing ghost decorations and adding a touch of spookiness to the home's ambience.



PUMPKIN CARVING TRADITION

Residents at **Carnbroe Care Centre** and **Elm House** celebrated the Halloween tradition of pumpkin carving.



WEAR IT PINK FOR BREAST CANCER AWARENESS

Holcroft Grange led the way in supporting Breast Cancer Awareness with a coffee morning, tombola, and a ladies rock choir.

At The Lakes and Duncote Hall, residents united for a noble cause, supporting and raising funds to make a difference. A heartfelt shoutout to our two courageous residents who exhibited incredible kindness by bravely shaving for charity.



NAUGHTY ELVES

For Elf Day, residents immersed themselves in games at Freeland House. From guessing the name of our mischievous elf to estimating the number of cookies in the jar, it was a fun day!

The Elms witnessed the naughty elves causing mischief around the home.



CHRISTMAS TREES LIT UP

Residents poured love into decorating Christmas trees, crafting unique ornaments, and adding a personal touch.



New Milton House



Cheaney Court



Craigend Gardens



Freeland House



Hamshaw Court

Christmas Arts and Crafts Wonderland

Putting the creative hat on, the residents at Ashgrove made beautiful Christmas tree table décor, filled baubles with sparkle and twinkle, and created little ornaments that surely added a twinkle to the tree.



Ashgrove



Lakeslands

Accompanied by children from the local school, residents at Lakelands enjoyed a festive session of Christmas decorations and activities.



Grenville Court



Emmanuel House

Emmanuel House turned ordinary baubles and canvas bags into extraordinary festive wonders. A delightful arts and crafts session brought smiles as the residents had fun creating beautiful Christmas cards at Grenville Court.



Elm House



New Milton House

Residents at Elm House and New Milton House infused festive vibes into their surroundings by creatively decorating their walking frames.

JINGLING TO JOY: HIGHLIGHTS FROM THE CHRISTMAS PARTIES



Diamond House



Emmanuel House



Elm House

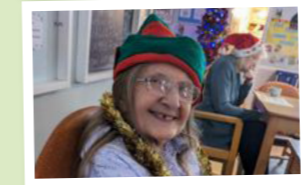


Golborne House

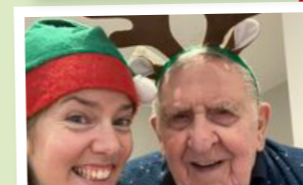
The highlight of the season is the home's Christmas parties. The homes were decorated with twinkling lights and festive decorations as residents and staff gathered to enjoy the holiday celebrations. From delicious treats to lively music and joyful dances, every moment was filled with the magic of Christmas.



Abbeywell Court



Grenville Court



Littleport Grange



Freeland House



Amberley House



Parklands



Cheaney Court

A December to Remember: Feeling Festive

CHRISTMAS ACTIVITIES

Residents embraced the holiday spirit with a Christmas pyjama at **Elm House** and **Emmanuel House**, and Christmas Jumper Day was celebrated at **Freeland House**, **Carnbroe Care Centre**, and **Holcroft Grange**.



Waterside had a giant advent calendar, allowing residents to choose special gifts and countdown to Christmas day.



Christmas activities at **Freeland House** included carol singing and indulging in delicious mince pies.



The residents of **Grenville Court** were treated to a spectacular 'A Christmas Carol'. Northeast Producers Ltd put on an incredible performance of this pantomime and made it extra special.



Cheaney Court baked delightful gingerbread biscuits in festive shapes, and **Craigend Gardens** enjoyed a cozy Christmas movie night.



The week at **Holcroft Grange** sparkled with glamour, pampering, adorable therapy pets, gospel choir melodies, and elf day silliness. The grand finale was a Christmas Fayre, where residents, staff, friends, and family united for festive joy.

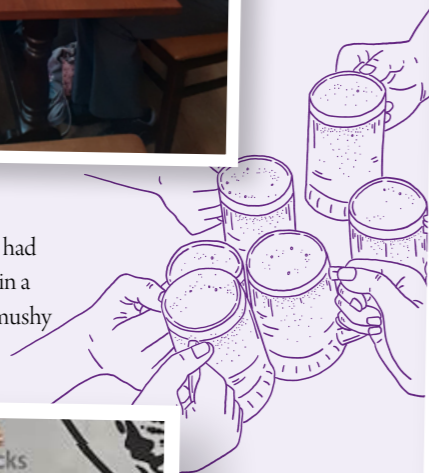


Memorable Outings Across Minster Homes



A Meal at the Pub

The residents from **Astbury Lodge** had a perfect evening outdoors indulging in a classic British meal – fish, chips, and mushy peas.



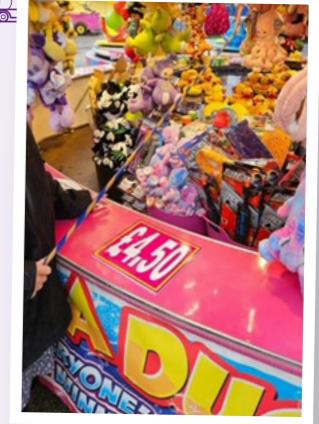
Safari Adventure

Off to a Safari Adventure! The residents of **Holcroft Grange** enjoyed a lovely picnic at Knowsley Safari Park.



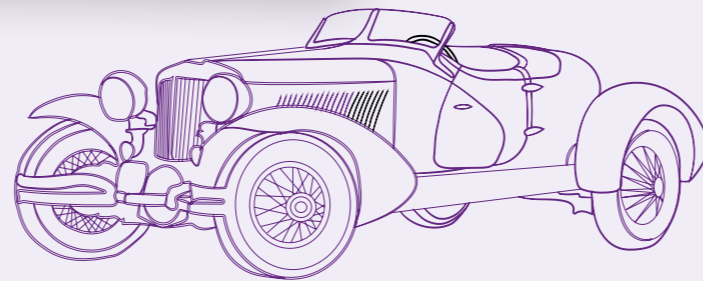
Hull Fair

Emmanuel House and Hamshaw Court's residents embraced the longstanding tradition of Hull Fair, a once-a-year travelling fair with roots dating back to 1297. The day was filled with joy as residents played hook-a-duck, indulged in sweet treats, delicious hot chocolates and tea. Emmanuel House festivities even made headlines in the Hull Daily Mail with the heartwarming story, "101-Year-Old Rose Enjoys an Afternoon at Hull Fair." To ensure everyone could experience the fair spirit, our dedicated team at **Emmanuel House** hosted a delightful Emmanuel Fair for residents who couldn't make the journey. The atmosphere was buzzing with fun-themed games and treats that brought the carnival spirit right to our home. And, of course, the highlight of the day was the residents' favorite game, 'Wet the Sponge.'



Dora supports Leigh Leopards

Dora, a resident of **Hourigan House** and a true supporter of Leigh Rugby travelled to Wembley to support the team, proudly holding the Champions Cup in her hands.



Bingo!

A Game of Bingo

The residents from **Carnbroe Care Centre** had a blast trying their luck at the bingo hall. While the big wins didn't come their way, a plate of chips and curry sauce certainly hit the spot!



Vintage Experience

Abbeywell Court residents were treated to a delightful surprise as they basked in the fresh air to witness the timeless beauty of a vintage car, bringing excitement and nostalgia for car enthusiasts.



Sandringham Estate

The residents from **Littleport Grange** had a beautiful day out at Sandringham Estate – starting with the woodland trail, exploring the historic Sandringham Church and indulging in some retail therapy. Everyone had a fantastic day.



Celebrating Together: Reflecting on Main Events and Celebrations

NEW YEAR'S EVE



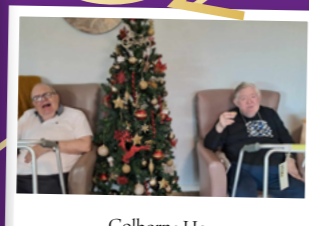
The homes across Minster Homes came alive with laughter, joy, and a whole lot of cheer as we bid farewell to the year in style.



Abbeywell Court



Abbeywell Court



Golborne House



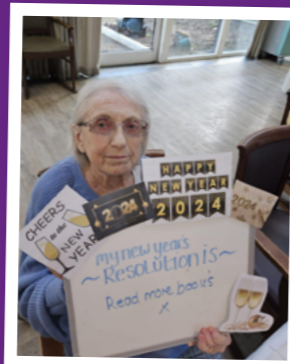
Astbury



Golborne House

NEW YEAR WISHES AND RESOLUTIONS

Carnbroe Care Centre residents shared their heartfelt wishes for 2024, while Emmanuel House wrote down their resolutions, full of hope, positivity, and determination.



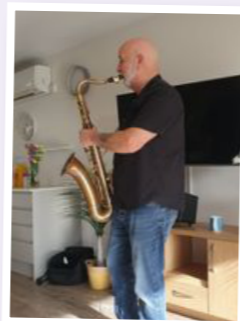
NATIONAL POPCORN DAY

In honor of National Popcorn Day, our **Duncote Hall, Grenville Court and Redhill** created mini cinemas for a perfect popcorn and movie afternoon, feeling relaxed.



NATIONAL SAXOPHONE DAY

Freeland House celebrated National Saxophone Day with the incredible Alan, who has been serenading us with the soulful tunes of his saxophone for an impressive 16 years.



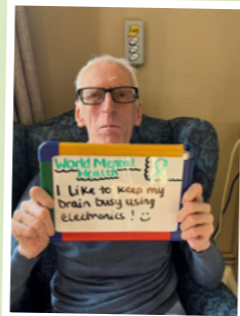
NATIONAL SPACE WEEK

At **Crossways**, the residents kicked off the week with arts and crafts that transported to distant galaxies and finished off the week with a space-themed party.



WORLD MENTAL HEALTH DAY

The lovely residents of **Cheaney Court** shared mental well-being practices on World Mental Health Day.



INDIAN FESTIVITIES

On the occasion of Indian Independence Day, the lovely Diana at **Astbury Court** embraced the spirit by donning a beautiful saree, fitted with care and love by our one of our team. Everyone together indulged in the cultural joy and tasted the rich flavors of Indian cuisine.

The residents and staff at **Freeland House** celebrated Diwali, the festival of light, dressed in traditional Indian clothes, they danced joyously to Bollywood tunes, and enjoyed a feast of Indian delicacies.



CARIBBEAN DAY AT AMBERLEY HOUSE

Residents soaked up the tropical vibes at home's Caribbean celebration, sipping on delightful pina colodas and refreshing mocktails. The jerk chicken and rice and beans tasting session added a flavorful delight to the day. But that's not all – our residents showcased their artistic talents by painting vibrant butterflies for the lounge.



WORLD NURSERY RHYME WEEK

At **Ashgrove**, the residents enjoyed singing nursery rhymes with a local toddler group. It was a special effort by the team to bring joy and enhance intergenerational activities in the home. The songs brought smiles to the little ones and our residents.



ELM LODGE CELEBRATES WORLD SMILE

Elm Lodge celebrated the day by taking fun photobooth shots, showcasing their biggest smiles.



GREENACRES RESIDENTS ENJOY AN ITALIAN MEAL

The residents at **Greenacres** had an Italian afternoon with homemade pizzas, aromatic garlic bread, and delicious pasta, creating a feast of Italian flavors. To sweeten the deal, we savored the delectable taste of homemade tiramisu, bringing a touch of Italy to our dessert.



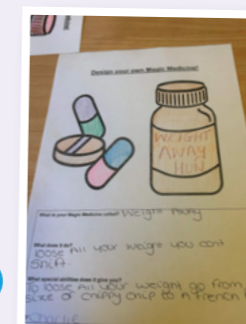
MAD HATTER'S TEA PARTY

At **Duncote Hall** and **The Lakes**, residents gathered to unleash their creativity and craft some truly MAD hats!



NEW MILTON CELEBRATES WORLD PHARMACIST DAY

New Milton House celebrated the day by creating their own magical medicines! What a beautiful idea to engage in the art of creativity.



WORLD KINDNESS DAY

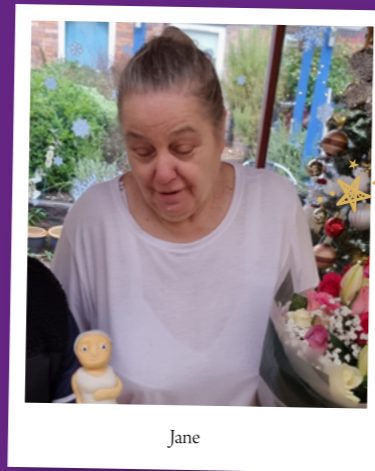
On the occasion of World Kindness Day, the **Cheaney Court** family reminded us of the power of uplifting words. **Emmanuel House** residents went out to the local community leaving behind kindness messages that they painted on stones at home. The residents with the **Grenville** team made chocolate swirl bundles as a token of appreciation to each other.



A Heartfelt Thank You To Our Long-Standing Employees

3 DECADES FOR JANE AT PARKLANDS

Our heartfelt congratulations and gratitude to our incredible carer from **Parklands**, Jane, on reaching an extraordinary milestone of 30 years of service. To commemorate this remarkable achievement, the home showered Jane with appreciation, presenting her with a home-baked cake and thoughtful gifts.



Jane



RECOGNIZING LONG-STANDING SERVICE AT IDEAL HOME

At Ideal Home, we celebrate the milestone achievements of several exceptional individuals:

Pam Johnson, completing 27 years of devoted service.

Alison Brown, marking 25 years of dedication.

Georgina Coull, reaching 22 years of committed service.

Ann-Marie Gale, celebrating 20 years of invaluable contributions.

Sue Pritchard, commemorating 20 years of dedicated service.

What incredible milestones, we are lucky to have such a wealth of experience and dedication in our team.



Ann-Marie Gale



Pam Johnson

Creating unforgettable moments: Going Above and Beyond

A grateful applause and heartfelt thank you to our homes, for their incredible efforts to go above and beyond to ensure the comfort and well-being of our residents.

A PLUNGE TO REMEMBER: TEAM CARNBROE

The Team from **Carnbroe Care Centre** took the plunge not for the adrenaline rush but for a deeply meaningful cause. Their determination was driven by a shared vision: to create a memorial and sensory garden for the residents. A special appreciation goes out to these amazing individuals who took up this challenge with unwavering spirit.



GRAYS COURT CELEBRATES TEAM'S OUTSTANDING PRESENTATION SKILLS

Our incredible team at **Grays Court** took on a challenge that pushed them out of their comfort zones – delivering insightful presentations on topics close to their hearts. Each member showcased their skills and knowledge, and they did a great job from choosing a topic to presenting and helping everyone learn something new.



Honoring Our Heroes: Remembrance Day Commemoration

A grateful applause and heartfelt thank you go out to the homes, for their incredible efforts to raise funds for resident's activities.

The residents at **Abbeywell Court, Waterside and Saffron House** travelled back in time looking at the photos from WW1 to reminisce and spark their memories from that time. Also, our residents were serenaded by patriotic songs, courtesy of the talented ukulele band.

Joe, a 104-year-old war veteran at **Westy Hall**, was honoured to commemorate the Remembrance Day with the Mayor of Warrington. Joe served the Royal Artillery, fondly known as "Gunner". He was invited to meet the Mayor before the Sunday morning remembrance service at the cenotaph in Warrington, where he stood proudly. He not only participated in the parade but also showcased his unwavering respect for fallen soldiers standing through the entire service. We are privileged to provide care for such an incredible man and listen to the invaluable stories he shares



Valentine's Day word search

D C G Q T I G M T O J S
 O Z G C U P I D R O S E
 V K I V A L E N T I N E
 E H F X P V P Y J U V D
 S C T V O S R H L C E Q
 Z R R L M A M E E R O G
 W H Z A U V K I I A K R
 Y X H R Z T N Y T X R Q
 B G B H U Y G H J T X T
 V E G I F Y G Y V C E P
 F F J E U X I B T S O N
 O J C R O M A N C E B U



LOVE
 VALENTINE
 CUPID
 GIFT

ROSE
 SMITTEN
 RED
 ROMANCE

DOVES
 HEART
 CRAZY
 FEBRUARY