



MINSTER

life



p3 Floral and Garden Therapy lifting spirits!



p6 Some great, fun moments in March!

Editor's LETTER

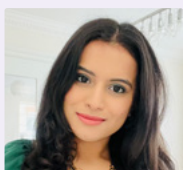
This edition celebrates the arrival of a new season and shares fond memories of the last one. As a team of over 3500 employees, we work towards enhancing the overall experience for our residents. As we progress from the colder months to spring-blossomed weather, we encourage a therapeutic and unique set of activities to offer a more active lifestyle. To connect all our home teams, we have introduced a successful monthly agenda focusing on a number of celebrations and activities for each month.

Also, the start of 2023 has been positive for us as we grow together with exceptional opportunities. Our lovely team at **Emmanuel House** was invited to attend 'The Big Care Careers Fair', this was a great opportunity to connect with people in care and interact with students. **Carnbroe Care Centre** ran a fundraising night, and the team raised a huge amount of £1,550, which is used for residents' welfare and activities. Not 1 or 2, but we had in total of 5 homes that achieved an overall 'Good' for their recent CQC inspection.

This would not have been possible without our team, and we have some long-standing employees, big congratulations to Lorraine, home administrator of **Cheaney Court**, for being with us for 15 years. Lindsay, former **Amberley House** home manager, retired after 31 years of service. We wish her a wonderful retirement! We are grateful to each and every one of our colleagues for working together to achieve our mutual goals of delivering outstanding care. Everything feels right when our team is encouraged by your kind words and Minster Care Group stands on an overall group score of 9.0 on carehome.co.uk. For regular news and updates, follow us on LinkedIn and Facebook and we would love to have you on our digital journey too...

Last, but not least, we are shortlisted for the Care Home Awards 2023!

Wish you all a very happy spring and await summer season for more fun on warmer days.



Rahi Joshi

Marketing Associate
Minster Care Group

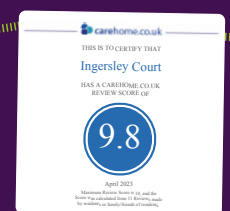
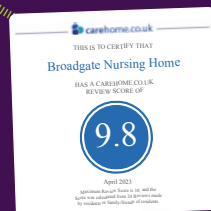
5 HOMES ACHIEVED 'GOOD' CQC RATINGS!



- The Lakes
- Chestnut Lodge
- Elm Lodge
- Sycamore Lodge
- Martin House



A BIG SHOUTOUT TO TOP SCORING HOMES OF CAREHOME.CO.UK

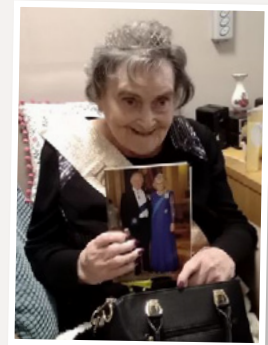


Celebrations AT MINSTER HOMES



BIRTHDAY MILESTONES

Marjorie and Mary as they celebrate their 100th Birthdays!



Marjorie, a resident of **Westhaven**, celebrated her 100th birthday. It was a huge celebration as she had two parties, one with her friends and families and one with the honorable Mayor and Mayoress of Wirral accompanied by her friends at **Westhaven**.

She received lovely gifts of floral arrangements and cards. The day was made extra special by the team of **Westhaven** with two cakes and a buffet of her favorite dishes. Marjorie even mentioned to her nieces that she wished she came to **Westhaven** sooner!

Mary from **Leycester House** is pictured celebrating in style! Happy Birthday Mary.

ANNIVERSARIES



Anne and Brian, a lovely couple at **Holcroft Grange** celebrated their diamond anniversary together with a lovely lunch accompanied by their loved ones.



Ingersley Court's couple, John and Joyce celebrated 67 years of togetherness.

Congratulations to both couples, we wish you many more years of happiness together.

Forget-me-not planting Competition

We will be planning activities in the **Dementia Awareness Week** May 15-21, 2023. This edition's competition would be to engage residents in decorating their pots and planting seeds!

We request the participation of residents along with our team to get creative in decorating planting pots and planting any plants or flowers, we would like to see what these grow into in a few weeks!

The most creative and thoughtful team wins an amount of £250 and the runners-up team wins an amount of £130 for their resident's funds.

RULES TO PARTICIPATE

1. Please submit the entries on a Word document with details from the activity and good-quality images on or before 25th May, 2023 to rahi@minstercaregroup.co.uk.
2. This activity is for residents with the help of the team, no professional help is allowed!

STAFF MILESTONES

Happy Retirement to Lindsay at **Amberley House** after 31 years.



Thank you, Lorraine for 15 years of service, and being with us!

CAREERS FAIR

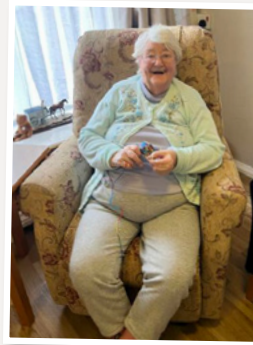
Emmanuel House took part at 'The Big Care Career's Fair' handing out information and goodies to interested visitors.



THERAPEUTIC ACTIVITIES

KNITTING

Knitting makes it to our top-loved activities list with Knit & Natter groups at **New Milton House** and **Cheaney Court**. #knittingtherapy



FLORAL THERAPY

Minster teams have found the secret to uplifting residents' moods with some flower arranging at **Gleavewood**, **Crossways** and **Littleport**.



GARDENING

Weather doesn't stop the horticulturists at Minster homes. The residents of **New Milton House** occupied themselves doing indoor gardening by sowing some seeds for beautiful flowers before the season arrives.

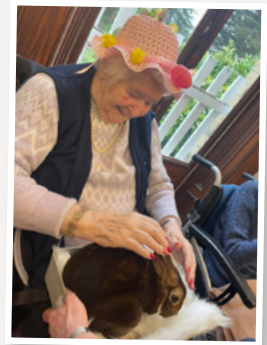
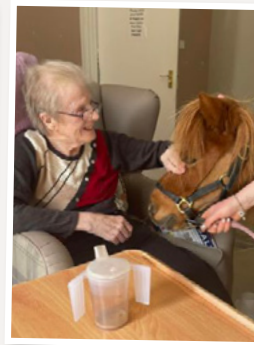
After the long months of winter, **Three Elms** decided to sow some daffodils, tulips and hyacinths and we can't wait to see these beautiful flowers blossom in spring.

Gardening gloves on and tools in hand, **Littleport Grange's** residents tackled their raised garden beds.

ANIMAL THERAPY

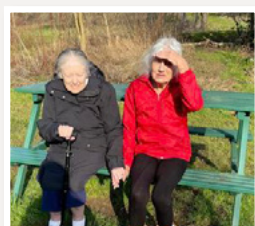
Fun experiences with animals have taken place at a number of our homes including:

- Rabbit visit at **Cheaney Court**
- Mabel, a tortoise visits **Duncote Hall**
- Owl Man stuns the residents of **Westhaven**
- Furry Friends at **Diamond House**
- The Furry Friends Animal Therapy visited **Emmanuel House** bringing ponies, rabbits and a snake, the ponies met the children and residents, they also went around the home to visit residents unable to go outside.



FITNESS #healthybodyhealthymind

- **Cheaney Court's** ladies enjoy a sunny day with a walk in the park.
- G fitness sessions continued at **Waterside** and **Grenville**.
- **Carnbroe's** residents are seen enjoying gentle and fun exercises.



BAKING

Baking makes it to the most loved activities list. #bakingatMCG

- **Crossways'** residents bake some delicious choco crunch.
- Baking Friday's at **Carnbroe**.
- Baking sessions at **Holcroft Grange**.
- **Elm House's** residents spend an afternoon making sausage rolls and jam tarts.



JOY OF JANUARY

NATIONAL CHEESE LOVER'S DAY

All the Cheese lovers at **Three Elms** celebrated National Cheese Lover's Day by indulging in cheesy treats, celebrating the day with conversation that led to appreciating all different type of cheese and their origins.



NATIONAL CHOCOLATE CAKE DAY

We have a sweet tooth indeed! **Freeland House, Littleport Grange** and **Three Elms** residents celebrated the day digging into various chocolate cake varieties. We are very jealous.

CHINESE NEW YEAR

Minster Homes celebrated the Year of the Rabbit, the residents celebrating by doing arts and crafts to decorate their homes, learning more about Chinese culture and enjoying a delicious Chinese buffet cooked by our fantastic chefs.

Grays Court, Duncote Hall, Cheaney Court, Emmanuel House, Freeland House, Holcroft Grange and **The Laurels** all celebrated!



NATIONAL PIZZA DAY

With live entertainment in the background, it was a very lively pizza party! The residents of **Freeland House** had a wonderful day.

At **Littleport Grange**, the residents wasted no time decorating their pizzas with their favorite choice of toppings. Together everyone enjoyed a pizza party.

Crossways took the opportunity to have a pizza party ordering takeaway from Pizza Hut and enjoying hot, crispy and cheesy slices of heaven!



VALENTINE'S CARD MAKING

We had a wonderful Valentine's card competition, from cutting, drawing, sticking, and crafting, the residents got competitive and used creative techniques to make these beautiful Valentine's cards. It was a tough decision to choose a winner from all the creative cards.

Pamela at **Gray's Court** received the winning amount of £250 for their residents' fund. We also have Marina and Barbara who participated from the home.

Barbara and the team at **New Milton House** are the runners-up in the competition and received the amount of £130 for their resident's fund.



ALL THE FUN OF FEBRUARY

THE MONTH CELEBRATING LOVE

Here is a sneak-peak into Valentines day celebrations across the homes. There were some amazing memories of residents celebrating and spreading love.

In-house entertainment and a meal together, that's how the V-day celebrations happened at **Emmanuel House, Cheaney Court, Crossways** and **New Milton House**.

Holcroft Grange ladies had a knitting session making colourful hearts.

The residents at **The Elms** and **Grays Court** decorated the home with hearts.

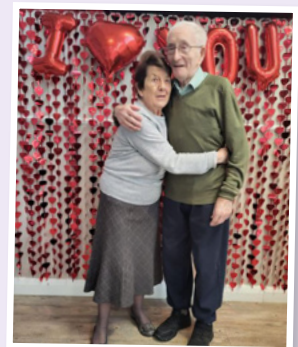
The Lakes, Ideal Home and **Ingersley Court** residents had their hands full with baking and other creative activities.

If you are looking for some dating advice, residents at **Duncote Hall, The Lakes** and **Hamshaw Court** shared their best tips!

The heart wreaths look lovely made by the residents of **Red Hill**.

Ashgrove marked the day by making a very special tree with residents remembering their loved ones.

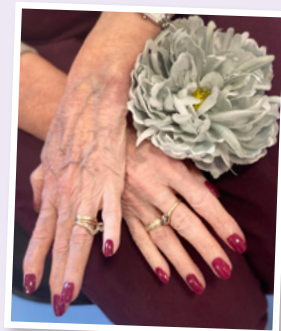
A week full of themed activities continued at **Waterside**.



RANDOM ACTS OF KINDNESS

The **Ashgrove** team surprised the residents with a fantastic feast and together everyone had a good time.

Carnbroe ladies were pampered by having their nails done and were happy to receive these beautiful flowers!



Duncote Hall, Ingersley Court and **The Lakes** displayed a Kindness Tree with leaves sharing how to be kind to others. A thoughtful Kindness Box was kept, to give visitors a special message with treats.

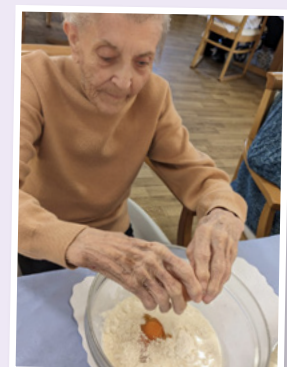
Emmanuel House's residents and the team visited Cottingham, a local village nearby and surprised strangers by offering them beautiful flowers, followed by a cup of tea and scrumptious cakes. What a thoughtful idea to celebrate this day!!



NATIONAL PANCAKE DAY

From showing their pancake-flipping skills to decorating it with their favourite toppings, residents celebrated the day by reminiscing about the times of making pancakes with their families.

Three Elms, Emmanuel House, The Lakes, New Milton House, Grays Court, Crossways, Carnbroe, Ashgrove and **Littleport Grange** all got involved!



SOME GREAT MOMENTS IN MARCH

WORLD MUSIC THERAPY DAY

With lots of singing, dancing and instruments, the residents at **The Lakes** and **Waterside** had an eventful day acknowledging World Music Therapy Day.



BRITISH PIE WEEK

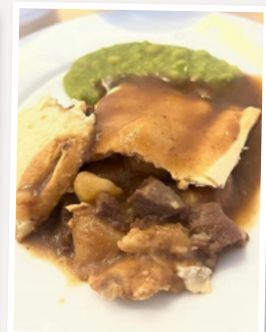
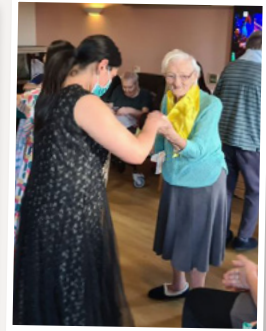
New Milton House's culinary team made a yummy pie and pea supper, and the residents enjoyed the delicious pie!

INTERNATIONAL WOMEN'S DAY

Here is Minster Homes celebrating the 111th International Women's Day. The residents of **Cheaney Court** and **Emmanuel House** shared some inspirational advice to younger women. **Emmanuel House** donned bras over clothes in remembrance of the Suffragettes to support woman's empowerment. **Waterside** celebrated all the strong and inspiring residents for this occasion.

ST PATRICK'S DAY

Getting into the spirit of the occasion were **Cheaney Court**, **Carnbroe**, **Falcon House**, **Grenville**, **Holcroft Grange**, **Hawthorns**, **Littleport Grange**, **Leycester House**, **Red Hill**, **The Lakes**, **Three Elms** and **Waterside**.



MOTHER'S DAY

Emmanuel House and **The Hawthorns** had Mother's Day celebrations at home. The afternoon Tea Party was organised by the team of **Elm House** and **Hamshaw Court** for this special day.

The Elms decorated with beautiful floral arrangements to celebrate the day. **Ingersley Court** held an arts and crafts session for Mother's Day.

The beautiful ladies of **Waterside** were happy to receive Mother's Day cards and flowers.



NATIONAL PUPPY DAY

Our four-legged friends visited us for the day. They bring so much joy to our residents who enjoy spending time with them and spoiling them with lots of cuddles.



Enjoying the day were **Grenville Court**, **Hamshaw Court**, **Cheaney Court**, **Ingersley Court**, **Littleport Grange**, **Wealstone** and **Westy Hall**.



EASTER Celebrations



At **Ashgrove**, Grimsby Baptist Church visited the residents and shared a wonderful easter story.

The residents of **Cheaney Court** had an easter church visit at home, everyone had a good time singing easter hymns and songs to celebrate the resurrection of Jesus Christ.

Emmanuel House engaged in easter crafting with some fun games like egg hunt and an egg and spoon race. The home raised resident's funds with easter raffles.

At **Freeland House**, the residents got creative painting colorful eggs, they played easter bingo and witnessed the hatching journey for the past few weeks.

The ladies of **Gleavewood** got busy in some easter painting activities. The Easter Party at **Grenville Court** brought smiles to

residents faces as they were joined by their loved ones, live music entertainment, playing easter quiz and a lavish buffet by the home chef. The team raised money for the residents' activities funds through their easter raffles.

Joined by nursery children for easter celebrations, **Holcroft Grange's** residents loved the easter egg hunt also the kids enjoyed the bonnet competition.

The residents of **Ingersley Court** had an easter egg hunt and bonnet parade. A traditional easter lunch with some sweet treats brought joy to the residents of **New Milton House**.

Easter celebrations also took place at **The Hawthorns**, **The Lakes** and the Easter Bunny visited **Waterside** residents.



EXPERIENCE DAYS AROUND OUR HOMES

RECREO VR EXPERIENCE

The residents at **Ashgrove** and **Emmanuel House** experienced watching sharks swimming together with tranquil music playing in the background. What a wonderful experience seeing the animals and one resident said, "we were really close" and another mentioned "it's amazing to see goats being fed and jumping around before our very eyes".

POTTERY CLASS

Two **New Milton House** residents enjoyed attending a pottery class in Sandbach.

HATCHING CHICKS AND AIR HOCKEY

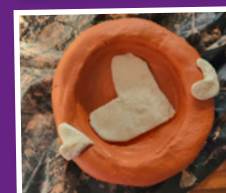
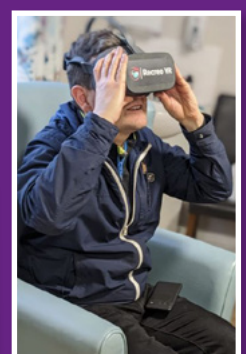
Cheaney Court residents witnessed 2 weeks of hatching journey. Meanwhile **Ashgrove** and **Elm House** residents played Air Hockey in style. The residents found a unique way to play air hockey using resources that are easy to use and look like it required good hand work and eye coordination.

CLAY MODELLING

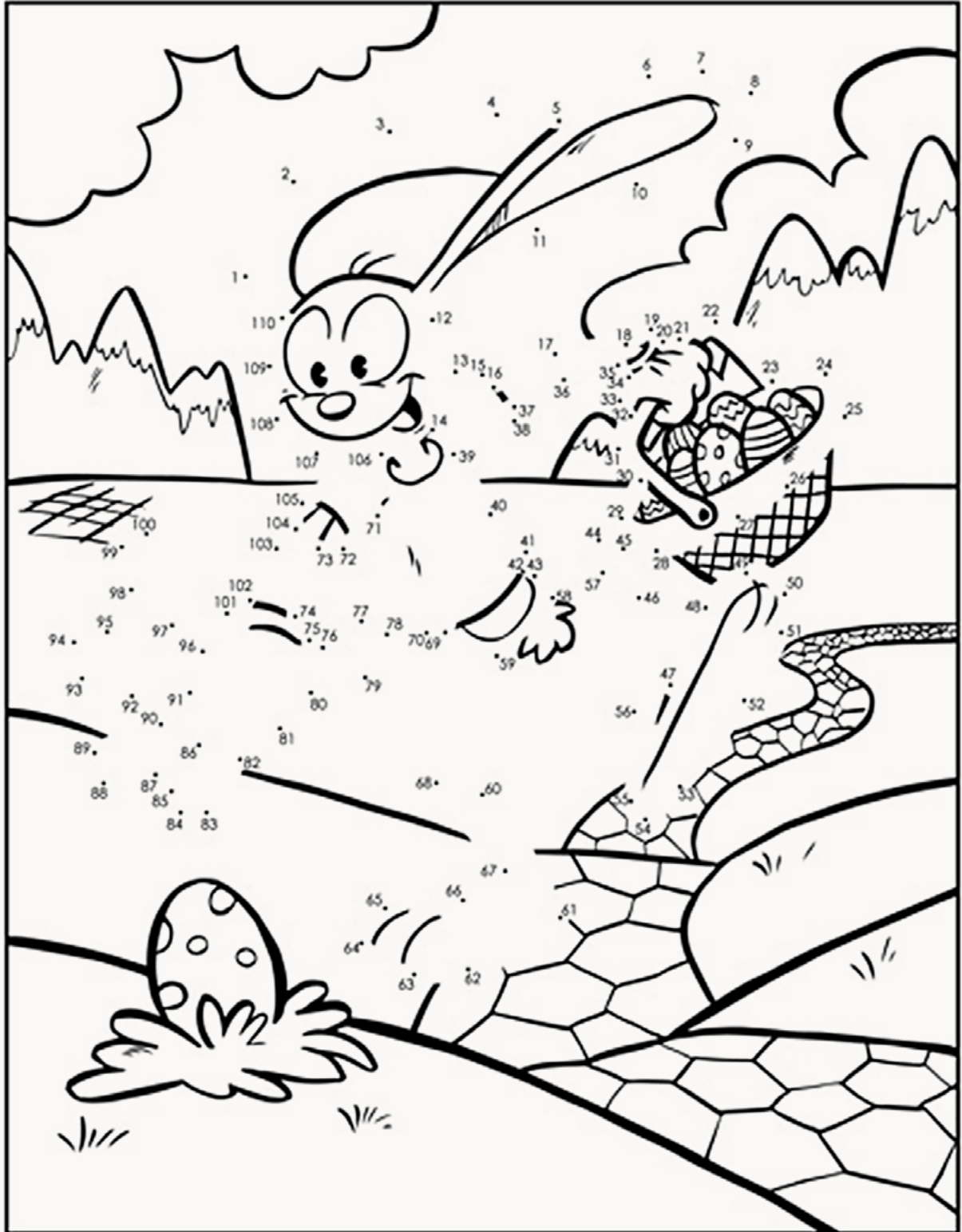
Clay Modelling was in full swing at **Emmanuel House**. The ladies did a fantastic job doing some clay crafts.

TRAIN SPOTTING

Resident train enthusiasts at **Littleport Grange** followed their passion for train spotting and had an extra special outing and went train spotting at Crewe Station.



SPRINGTIME DOT-TO-DOT FUN!



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