



# Westhaven Care Home

## Monthly Newsletter

### August 2017

### Welcome

Welcome to our August edition of the monthly newsletter. We hope that you find it informative and enjoy reading it.

### Birthdays

In July we had a double birthday celebration on the same day for Margaret Burnes and Audrey Goodburn. Twice the fun and two cakes! Many congratulations to you both.

During August we are looking forward to the celebrating the Birthdays of Geoff Chittenden and Ivor Lane.



### Staffing

We would like to welcome to the Westhaven team RN Vicki Matthews, Care Assistants Jade Alsop, Gail Broderick, Clare Hamel and Courtney Hutchinson and Kitchen Assistant Honor McCormick.

### Congratulations

One of our Night Care Assistants Annabelle Clayton recently got married to Martin Akerman. We hope that you had a wonderful day and wish you both much happiness for the future.

### Visitors

It is very important that all visitors remember to sign in and out on each visit for Health and safety reasons. The visitor's book is always available in the foyer.

### Gina's Hair Salon

Gina comes to visit us at Westhaven normally on a Wednesday. There is no need to book an appointment but please speak to Gina in advance if you would like a longer treatment such as a colour or perm as she may arrange your appointment for a different day. Please remember we only accept cash or cheque & if you would like to purchase a voucher for a relative or friend, please talk to Gina.

### Visiting manicurist & chiropodist

Kathy Lang is our visiting manicurist and offers a range of treatments. Mark Brennan is our visiting chiropodist. If you would like to arrange an appointment with either Kathy or Mark please speak to one of the care team.

### Residents Meetings

The next meeting is Thursday 31st<sup>th</sup> of August to be held in the Ground floor Lounge at 2.30pm.. Clients, families and friends are welcome.

## Summer Fair and raffle

We shall be holding our Summer Fair on Saturday 19<sup>th</sup> of August 2-4pm with a variety of stalls. Please support this family friendly fun event by attending and buying raffle tickets.

Raffle tickets are now on sale at £1 a strip from Activities Coordinator Emma or from the nurse stations.

If anybody is able to provide raffle prizes or assistance on the day please speak to matron.

## Entertainment

Tues 1st August at 2.30pm	Church Service in the Ground Floor lounge.
Thurs 3rd August at 2.30pm	Piano Music performed by Westhaven favourite Peter Lord in the Ground Floor Lounge.
Mon 7 <sup>th</sup> August Midday	Soup & Sandwich trip out to St Hildeburgh's church.
Friday 18 <sup>th</sup> August at 2.15pm	Music for Health with Nicky from Sue & Barbara in the First Floor Lounge.

All residents are welcome to join in all activities regardless of which floor your room is located on. Please ask a staff member should you need any assistance.

## Exercise Class

We were recently visited by Charlotte from Jigsaw Dance and all had great fun getting moving. We look forward to more visits from Charlotte in the future.



## Therapy Dogs

Unfortunately Volunteer Eileen and her lovely therapy dogs Cosmo and Spartacus have been unable to visit as often as usual, due to Eileen being unwell. We have just heard that Volunteer Evelyn and therapy dog Willow will be regular visitors to Westhaven. We wish Eileen a speedy recovery.

## Please remember

To make a staff member aware if you are out of the building for whatever reason. If possible please give the kitchen advance notice if you are out at mealtimes.

## Property

Dear all, we have a large amount of unmarked laundry articles. Please speak to a member of staff to see if you can help claim these items. If you bring any new items for your family member, please can you let someone know so as it can be added onto the property list. All items of clothing should be clearly marked with a name to help with the laundry process. All valuable items should be insured by yourselves. Also, please no cash or cards in house.

## Dates for the diary

September 5<sup>th</sup> will see the start of our virtual cruise around the world. We look forward to welcoming you aboard.

## Care Home Review – Westhaven

Please pick up one of the freepost cards by reception. Your comments will then appear online.

*Warmest Regards*

*Maureen McDonough*

Westhaven Care Home Manager