

Birthdays

We celebrated the following birthdays in Jan

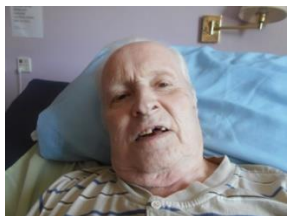
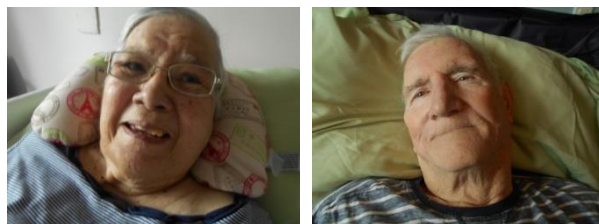
Tom Gailey 6th

Jack Tregatha 8th

Tom Kinny 12th

Nancy Houghton 17th

Bina Narula 20th



Residents Forum

18th Jan 2018 we have had two forums. We discussed all that happened over Christmas and New Year. Everyone is still happy with the activities plan and had no new suggestions for us. We have let everyone know that we will be celebrating Shrove Tuesday, Pancake Day, as well as Valentine day with a Tea party.



Events

After the Christmas festivities we have had a quiet January. Everyone has enjoyed the activities on our program. We have done EXTEND exercises, SONAS which is a nice activity that includes singing, sensory, poetry, hand massages and tasting sessions. Sing alongs and quizzes, both verbal and DVD, have all gone very well. Arts and crafts have also been very successful, including sewing, knitting and making cards. All in all our activities have been attended well. Our residents who are one to one have enjoyed the Daily sparkle, sensory boxes, arts and crafts and pampering.



Forthcoming events

Martin Leonard singer	Fri 9 th Feb 2.15pm
Shrove Tuesday	Tue 13 th Feb
Valentines Day Tea party	Wed 14 th Feb
Church Service	Thurs 15 th Feb
Gloria sunset singer	Thurs 22 nd Feb 2pm

Hair dressing

Eira jones is still coming every week on wed to pamper our ladies gentleman which they love.



B.L Looking lovely

Chiropodist

Thank you to Linda Johnson for continuing to come for our resident's chiropody.

Warmest regards

Carolyn Peacock

Church

Our continued thanks go to sister Tereasa and father Sunday for coming and giving prayers and Communion. Also thanks to the church for coming and doing our monthly church service. They all work really hard for us.

Sovereign House
Home Manger

Property

Property of residents coming in to Sovereign house needs to be named and this will be put on their property list. We would advise residents not to have any money, bank cards or cheque book in rooms. If they need such things as hairdressing, chiropody or newspaper allowance system in the admin office please see Margaret Evans.

Please remember

We have an open door policy as regards Manager Carolyn Peacock.

Carolyn is available to speak to you at any time if you have any issues as regards your family members care.